

## **AVIAN INFLUENZA (BIRD FLU)**

### Responses to Questions from the General Public

### Q. What is Avian Influenza (AI)?

A. Avian Influenza (AI), commonly called bird flu, is a disease found naturally among wild aquatic birds worldwide and can infect poultry and other bird and animal species.

Influenza is characterized by two groups of surface proteins known as hemagglutinin (H) and neuraminidase (N). There are 18 different types of hemagglutinin proteins (H1-H18) and 11 different types of neuraminidase proteins (N1-N11), resulting in 198 possible subtypes, many of these affecting birds.

Al viruses can also be classified into low and high pathogenicity forms based on the severity of the illness they cause in poultry. Most strains are



classified as low pathogenicity AI (LPAI) and typically cause little or no clinical signs in poultry. In contrast, high pathogenicity AI (HPAI) causes a severe and extremely contagious disease. While LPAI is considered lower risk, some LPAI H5 and H7 types have the capacity to mutate into HPAI.

- Q. What are the clinical signs of Al in birds?
- A. Low pathogenic Al signs may include: Nasal or eye discharge, swelling below the eyes, difficulty breathing, and decreased appetite/water intake.

Highly pathogenic Al signs may include: bleeding, bruising, bluish/swollen combs or wattles, a significant drop in egg production, and sudden death with mortality rates that can approach 100 percent in a flock. When poultry are infected with HPAI, they may die before they show any symptoms.

#### Q. How is the disease spread?

A. Migratory waterfowl have been found to be carriers of recent Al virus strains found in poultry. Influenza primarily spreads by contact between healthy and infected birds and through contact with contaminated equipment and materials. The virus is shed in the feces and in secretions from the nose, mouth and eyes. Contact with infected fecal material is the most

common method of bird-to-bird transmission.

The AI virus can spread in the air between birds in a poultry house and between



poultry premises with the movement of contaminated equipment, or by people carrying the virus on their

shoes, clothes or hands. It can also spread to other flocks on unwashed eggs. Airborne transmission of virus from farm to farm is highly unlikely.

#### Q. Does LPAI/HPAI exist in the U.S.?

A. Incidents of LPAI are occasionally detected in domestic poultry. In early 2015 and for the first time in over 10 years, multiple incidents of HPAI (H5N8 and H5N2) have been found in migratory waterfowl, backyard flocks and commercial poultry flocks in the U.S. Commercial poultry flocks have been affected in California and Midwest states (e.g. Missouri and Minnesota).

# Q. Does Al affect pet birds (e.g. parrots, parakeets)?

A. Although it is rare, Al infection is possible in pet birds if they come into contact with infected birds.



# Q. What should you do if your birds have signs of AI?

A. If your birds have signs of AI, or may have been exposed to birds with the disease, you should immediately notify your local veterinarian, the Sick Bird Hotline, local CDFA District Office, or USDA-Veterinary Services.

Contact Information	
Sick Bird Hotline	(866) 922-2473
CDFA Modesto District	(209) 491-9350
CDFA Ontario District	(909) 947-4462
CDFA Redding District	(530) 225-2140
CDFA Tulare District	(559) 685-3500
CDFA Sacramento	(916) 900-5002
(Headquarters)	(310) 300 3002
USDA-VS Toll Free	(877) 741-3690

If you observe signs of AI in wild birds or wild waterfowl, please call:

California Department of Fish and Wildlife
Wildlife Investigations Laboratory
916-358-2790

### Q. How is Al diagnosed in birds?

A. Swab samples taken from the throat and/or the cloaca, blood samples and sick or dead birds are sent to a USDA-approved laboratory. The California Animal Health and Food Safety Laboratory system, with facilities in Davis, San Bernardino, Tulare, and Turlock, is the primary laboratory used in California. If a screening test is positive, the samples are sent for confirmatory testing at the National Veterinary Services Laboratories in Ames, Iowa. The final analysis determines if the strain is HPAI or LPAI.

# Q. What will happen if your birds are confirmed positive for Al?

**A.** If birds are confirmed positive, USDA and CDFA personnel will work with you to eradicate the disease and depopulate the flock if necessary.

#### Q. How are birds monitored for AI?

A. USDA, CDFA, county cooperative extensions, veterinarians, poultry businesses and bird enthusiasts collaborate to ensure that various populations of birds are tested for AI to detect any incursion as soon as possible.

USDA and CDFA veterinarians are trained to diagnose foreign animal diseases, such as AI, and investigate any suspicious diseases. This effective surveillance relies on close communication between veterinarians and farm personnel. Animal health officials also screen birds for HPAI where live birds are sold, such as at live bird markets, feed stores, pet stores and swap meets.

The California Department of Fish and Wildlife (CDFW), federal wildlife agencies and universities collaborate to survey wild birds in a national wildlife surveillance plan.

#### Q. Does Al threaten human health?

A. Some strains of AI viruses can infect people having close, direct contact with infected birds.

There is no immediate public health concern associated with the current strains found in the United States.

The potential for the virus to mutate into a form that spreads from person-to-person is a serious public health concern. Since December 2003, a growing number of Asian, European and African countries have reported outbreaks of HPAI; the rapid spread of HPAI is historically unprecedented and of growing concern for human and animal health.

### Q. Does proper food handling prevent Al?

**A.** Ongoing surveillance and mandatory inspections



prevent diseased poultry from entering the food chain. Proper handling and cooking of poultry and eggs protects people against the virus. Poultry and egg products imported to the

U.S. must meet all safety standards applied to foods produced in the U.S. Safe food handling and preparation is important at all times.

Poultry and eggs that have been properly cooked to internal temperature of 165° F are still safe to consume. Birds from affected flocks will not enter the food system!

#### Q. Is there an Al vaccine available in California?

A. No, an AI vaccine is not available or approved for use in the State of California. Although AI vaccines can be found in other parts of the world, they are not commonly used because no vaccine covers all the strains of the disease.

# Q. What can poultry producers and backyard flocks owners do to prevent AI?

A. Poultry producers and backyard flock owners should strengthen their biosecurity practices. Biosecurity includes any practice that can reduce the risk of introducing disease to a premises.



To be effective, **biosecurity** must be practiced diligently at all times, without exception, by everyone that comes in contact with the premises. Here are some important tips:

- Discourage waterfowl from using ponds on your property and consider draining these, if feasible.
- Keep poultry confined in houses and/or enclose an exercise area with netting.
- Avoid use of water that comes from sources where waterfowl may congregate during migration.
- Avoid waterfowl hunting during migration; otherwise, ensure clothing, footwear, vehicles, etc. used during hunts are laundered and/or disinfected.
- Do not to co-mingle chickens and other poultry with waterfowl (wild or domestic).
- Do not share birds, equipment or feed with other bird owners.
- Avoid visits to other backyard flocks or poultry operations and restrict access to your birds.
- If visitors are necessary, provide disposable coveralls, boots, and head coverings.
- Scrub and remove all debris from your footwear, giving particular attention to the soles, with soap and water and spray with a disinfectant.
- Consider using a disinfectant foot bath with a scrub mat at the entrance to your bird area.
- Thoroughly clean and disinfect (C&D) vehicles and equipment entering or leaving the premises.
- Protect flocks from exposure to wild birds, rodents and insects.
- Control movement associated with the disposal of mortality, litter and manure.
- Isolate and observe new flock additions and returning show birds off-site for 30 days for signs of disease.